



# Cosmetic California

## Cosmetic Surgery and Vacation Package

### OVERVIEW

A Guide to Your Cosmetic Vacation

#### OUR VISION

Our goal is to make sure that our patients receive the best experience possible through receiving a local Californian experience with stunning views, world-renowned vacation spots, and world-class plastic surgery and recovery.

### GETTING STARTED

1



#### Review of Your Medical History

All of our patients are required to fill out our Medical History Evaluation Form which details the previous surgeries, medications, health problems, hospitalizations, and family-history. This form can be found on our website. After completing this form, e-mail it to us and a certified surgeon will review whether Cosmetic California is right for you.

2



#### Teleconference Meeting With Your Surgeon

After being approved for a consultation, we will set up a meeting between yourself and your certified surgeon. If needed, a translator will be provided. During this meeting, we will talk with you regarding your medical history and cosmetic goals.

3



#### Travel Visa Approval

After personalizing your package to include the cosmetic procedures best suited to your cosmetic goals, we will assist you in securing a travel visa for your visit if needed. This process can take anywhere from 2 to 6 weeks.

### VISA APPROVAL

Visa approval may take between 2 to 6 weeks.

#### Cost

\$150 - \$200 USD

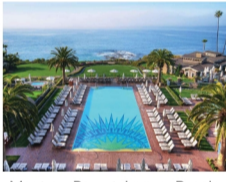
Patients from all around the world are encouraged to meet with our Cosmetic California certified surgeons to see if we can meet your cosmetic goals.

### PLANNING YOUR VACATION



Disneyland: California Adventure

There are hundreds of exclusive Southern California attractions to choose from, and our experienced concierges will help you decide where best to spend your time. Some examples are: Disneyland/California Adventure, LEGOLAND®, Hollywood, Universal Studios, Rodeo Drive, San Diego Zoo, Santa Monica Pier, LA Live in Los Angeles, and the Montage Resort at Laguna Beach.



Montage Resort: Laguna Beach



Los Angeles & Universal Studios Hollywood

After deciding on where you'd like to go and what you'd like to do, you will make a deposit to start scheduling your complete vacation and cosmetic surgery package with your Cosmetic California agent.

### PLASTIC SURGERY TIMELINE

#### DAY 1



After arriving in California, you will check-in to your luxury hotel and then meet with your certified plastic surgeon, as well as have a high-end complete body evaluation by one of our esteemed physicians. This evaluation includes EKG, blood work, a full body CT scan and comprehensive pre-operation physical.

#### DAY 2



The second day in California is your luxury vacation day, where you will be able to experience all that California has to offer from stunning beaches, to famous landmarks, to celebrity tours. These events are planned ahead of time with your concierge specialist, prior to your trip.

#### DAY 3



The third day of your stay will be set aside for your plastic surgery procedures, all being accomplished in one day. After the procedure(s), you will stay in a state-of-the-art recovery room in Newport Beach, and then will be taken to your hotel by one of our after care nurses to optimize your recovery. During this time, any of the family or friends that accompanied you will continue to enjoy their pre-scheduled California adventures.

#### POST-OP



After your cosmetic plastic surgery, it is important to set aside three to seven days for safe and effective recovery time. The exact recovery time will be estimated before your surgery, but ultimately determined afterwards based on how you are feeling post surgery. During this time it is important to strike a balance between enjoying your time in California, and knowing your limits so that there are no complications from the procedures. Each day, a recovery specialist will either come to your hotel, or bring you to the surgeons for check-ups.

### Questions?

For any questions regarding any aspect of your plastic surgery, vacation, payment options, or anything that may come up, feel free to contact our office at anytime during our hours of operation.

#### Hours of Operation (PST):

M-Thu: 8:00AM - 3:00PM      Friday: 8:00AM - 12:00PM

#### CONTACT US



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